Health and Wellbeing Project

Sporting Memories Sessional Worker vacancy

Location Forfar and Kirriemuir

Salary £11 per hour

Specific Responsibilities

- Deliver sporting memories sessions in community settings
- Deliver (low level) sports and physical activities, tailored to the needs of participants
- Contribute to the development of resources to support sporting memories work
- Maintain records of work, including participant numbers and feedback
- Support volunteers assisting with the delivery of sessions and activities

Person Specification

Qualifications	Good general education Qualifications in community learning and development, social care or health and wellbeing Sports coaching/leadership qualifications	Essential Desirable Desirable
Experience	Working with groups in community settings (e.g., community sport, adult education, reminiscence) Working with older people Working as part of a team	Essential Desirable Essential
Knowledge	Basic understanding of the relationship between sport, health and wellbeing Basic understanding of dementia Knowledge of sporting memories initiatives, their applications and their outcomes	Essential Desirable Desirable
Skills	Planning and delivering (low level) sports and physical activity sessions	Essential

	Interpersonal skills	Essential
	Written and spoken communication	Essential
	Facilitating group discussions	Essential
	Basic record keeping	Essential
	Preparing stimulus materials for sporting memories sessions	Desirable
Qualities	Reliable	Essential
	Creative	Essential
	Approachable	Essential
	Flexible	Essential

How to apply

For more information about the sessions, please click the following link https://www.strathmoretrust.co.uk/sporting-memories/

If you have any questions about the role, or would like to apply, please contact Katie Gillanders on admin@strathmoretrust.co.uk