



# Strathmore Community Rugby Trust

Health | Community | Rugby

<b>Role Title:</b>	Assistant Coach (Voluntary)
<b>Purpose:</b>	To support the delivery of the projects of Strathmore Community Rugby Trust ensuring they adhere to the three pillars of Rugby (to instil the core values of discipline, control and mutual respect) and focus on the development of participants as individuals and athletes, Health (to improve the mental and physical wellbeing of participants) and Community (to focus on the development of participants as athletes and individuals) and.
<b>Activities:</b>	<p>The Trust currently delivers a number of projects aimed not only at increasing the physical activity levels of our participants, but also the health and wellbeing of all our participants, coaches and volunteers. The projects are:</p> <ul style="list-style-type: none"><li>• Autism-Friendly Rugby</li><li>• Rugby Academy</li><li>• Brechin High School Project</li><li>• Unified Rugby</li><li>• Youth Unified Rugby</li><li>• Walking Rugby</li><li>• Strathie Pups</li><li>• Sporting Memories</li></ul> <p>The projects aim to provide opportunities for the whole community to get involved in the team sport of rugby, and welcome participants of all ages, genders and abilities. The Trust works in partnership with a number of organisations.</p>
<b>Requirements:</b>	Experience of delivering sport to children and/or adults and working with vulnerable groups would be desirable.
<b>When and where:</b>	Our projects run in Forfar, Kirriemuir and Brechin at various days/ times.
<b>What will the volunteer gain from this:</b>	<p>The candidate will gain valuable coaching experience as well as developing an understanding of working with adults and children with additional support needs.</p> <p>You will learn how to plan, prepare and deliver quality sessions along with learning about the importance of gathering feedback and data.</p>
<b>Named Contact:</b>	Maggie Lawrie, Community Trust Manager, <a href="mailto:coordinator@strathmoretrust.co.uk">coordinator@strathmoretrust.co.uk</a>
<b>Training Provided:</b>	<p>For the right candidate/s we would look to put you through SRU Level 1 Coaching Rugby (union or league) qualification, first aid certificate and Introduction to Match Officiating.</p> <p>We would want to put you through both your Disability Inclusion training and Autism-Friendly Sport Training course.</p>
<b>Recruitment Process:</b>	Interested volunteers should email <a href="mailto:coordinator@strathmoretrust.co.uk">coordinator@strathmoretrust.co.uk</a> with your name, why you feel you would be a good fit for the role by. For further information or an informal chat please contact Maggie Lawrie at the details above.